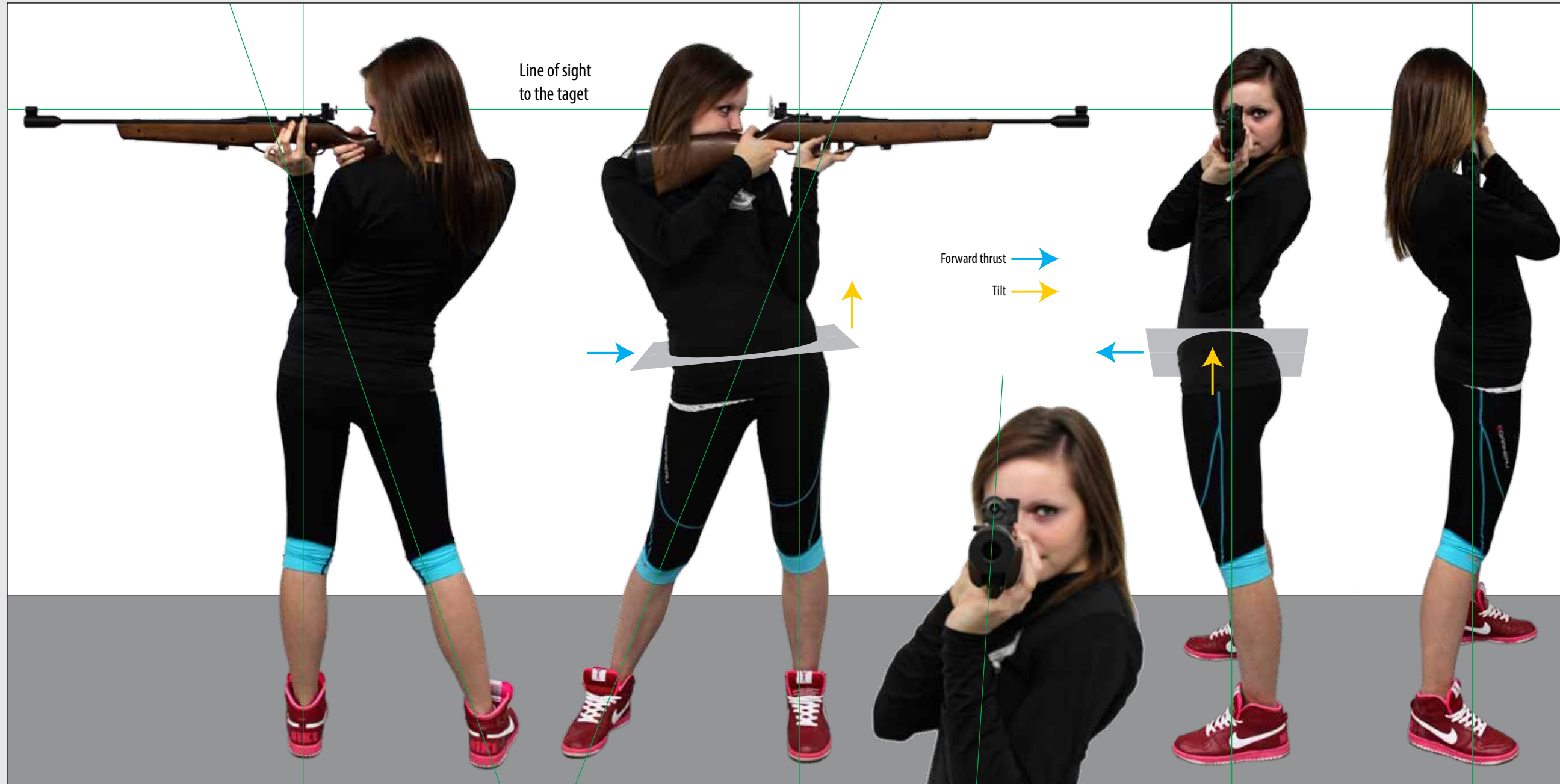
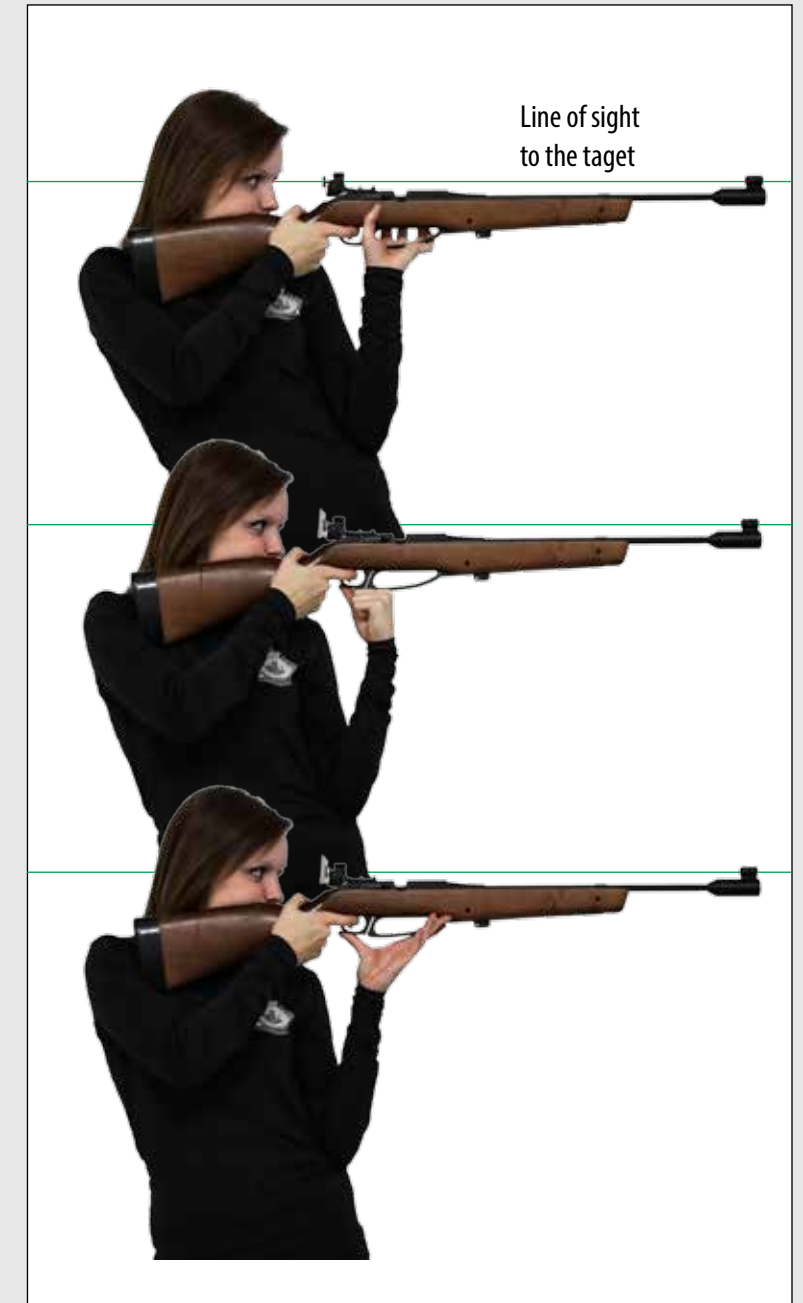


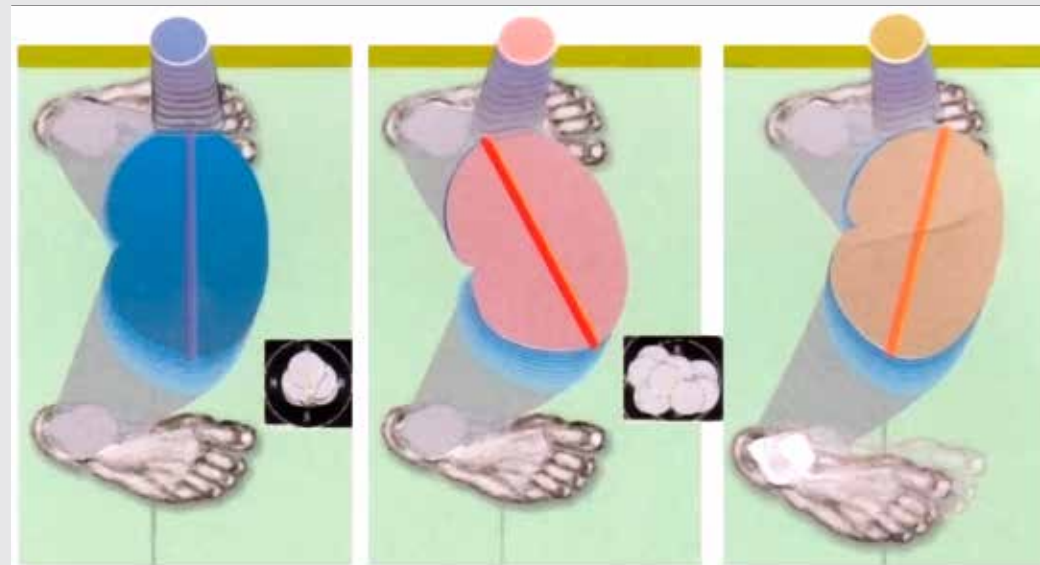
Baselines of standing position



Possible positions for the left hand

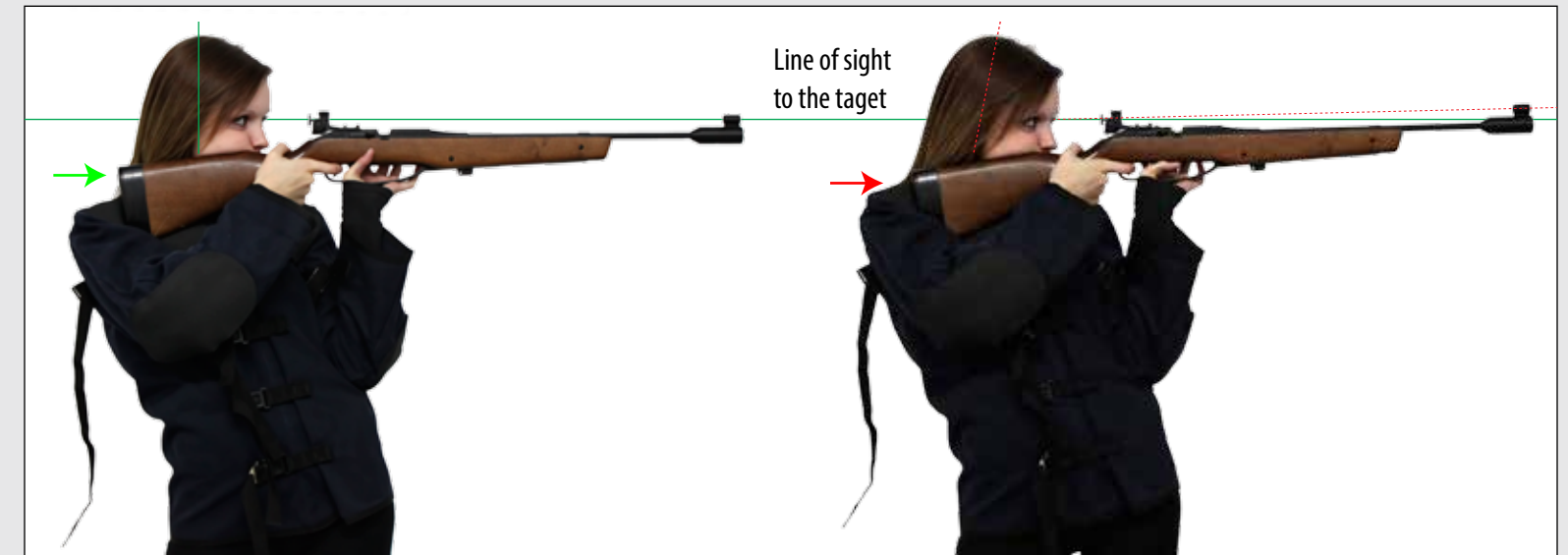


STANDING shooting position



Correct position of the hips

Source: Air Rifle Shooting, page 18
MEC GmbH www.mec-shot.de



Good position of the butt plate on the shoulder

Wrong position of the butt plate on the shoulder